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INDIVIDUALS & TEAMS

Practice Foundation: This OSA skill development program is specifically designed for first and second graders who want to increase their basketball skills in a professional, highly-organized, and FUN environment. The program runs from October 16 thru March 8 and includes a weekly 60-minute practice on Wednesdays, 16 games (8 Fall and 8 Winter) in



the OSA Fall and Winter PELLA Leagues and two tournaments (1 Fall and 1 Winter). Practices will be run by OSA professional coaching staff and facilitated by OSA Youth Skills Director Trey Altenhofen. A parent volunteer will be the head coach and will receive extensive training



from OSA professional staff. Practices will consist of 45 minutes of age appropriate and cutting-edge skill development on proper shooting, form, footwork, passing, ball-handling and concepts. The remaining 15 minutes of practice will consist of games/contests or coaches' choice. Players are encouraged to request coaches, friends or teammates. OSA PELLA league division play will be determined by overall team ability.

Pre-existing teams are encouraged to participate! All interested parents and coaches should contact Julie. Stanfill@omahasportsacademy.com for further information.

JR SELECT Practice Times:

1st Grade Boys: Wednesday 5:30pm

1st and 2nd Grade Girls: Wednesday 5:30pm

2nd Grade Boys: Wednesday 6:30pm

1st and 2nd Grade OSA PELLA League Game Format

We will have separate divisions for first and second grade boys. First grade boys will play on 8-foot hoops and second grade boys will play on 9-foot hoops. First and second grade girls will be a combined division and play on 8-foot hoops. ALL first and second grade divisions will play 5 on 5 with a 27.5 ball.

OSA JR SELECT Early Bird Program fee is \$349 without uniform and \$399 with uniform. After September $1^{\rm st}$ price changes to \$399 without uniform and \$449 with uniform. This includes:

- *Weekly Wednesday practices (18 total)
- *16 OSA Pella League games (8 Fall & 8 Winter)
- *2 Tournaments (1 Fall & 1 Winter)

OSA is committed to providing age appropriate training and teaching. Players will focus on having fun and creating great habits from an early age!

Questions? Contact Trey Altenhofen at Trey.Altenhofen@omahasportsacademy.com