

GIRLS

PRACTICE SCHEDULE

FALL/WINTER 23/24



TEAM	PRACTICE		TRAINING	
OSA 3rd Elite Barrett	Mon 5–6:30pm	Wed 5–6:30pm	Mon 4–5pm	
OSA 4th Elite Hahn	Mon 5–6:30pm	Wed 5–6:30pm	Mon 4–5pm	
OSA 4th Select Bush	Mon 5–6:30pm	Wed 5–6:30pm	Mon 4–5pm	
OSA 5th Elite Tynon I	Mon 6:30–8pm	Wed 6:30–8pm	Mon 5–6pm	Wed 5–6pm
OSA 5th Elite Tynon II	Mon 6:30–8pm	Wed 6:30–8pm	Mon 5–6pm	Wed 5–6pm
OSA 5th Select Woods	Tue 5–6:30pm	Thu 5–6:30pm	Mon 4–5pm	
OSA 6th Elite Snyder	Mon 6:30–8pm	Wed 6:30–8pm	Mon 5–6pm	Wed 5–6pm
OSA 6th Elite Bush	Mon 6:30–8pm	Wed 6:30–8pm	Mon 5–6pm	Wed 5–6pm
OSA 6th Elite Anderson	Mon 6:30–8pm	Wed 6:30–8pm	Mon 5–6pm	Wed 5–6pm
OSA 6th Select Kadel	Mon 6:30–8pm	Wed 6:30–8pm	Mon 4–5pm	
OSA Select 6th King-Carey	Tue 5–6:30pm	Thu 5–6:30pm	Mon 4–5pm	
OSA Select 6th Carey	Tue 5–6:30pm	Thu 5–6:30pm	Mon 4–5pm	
OSA 7th Elite Pivovar	Tue 6:30–8pm	Thu 6:30–8pm	Mon 7–8pm	Wed 6–7pm
OSA 7th Elite Anderson	Tue 6:30–8pm	Thu 6:30–8pm	Mon 7–8pm	Wed 6–7pm
OSA 7th Select Bush	Mon 8–9:30pm	Wed 8–9:30pm	Mon 6–7pm	
OSA 8th Elite Seig	Tue 8–9:30pm	Thu 8–9:30pm	Mon 7–8pm	Wed 7–8pm
OSA 8th Elite Pivovar	Tue 8–9:30pm	Thu 8–9:30pm	Mon 7–8pm	Wed 7–8pm
OSA 8th Select Anderson	Mon 8–9:30pm	Wed 8–9:30pm	Mon 6–7pm	