

GIRLS

PRACTICE SCHEDULE

FALL/WINTER 23/24



| TEAM | PRACTICE | | TRAINING | |
|---------------------------|--------------|--------------|-----------|-----------|
| OSA 3rd Elite Barrett | Tue 5–6:30pm | Thu 5–6:30pm | Mon 4–5pm | |
| OSA 4th Elite Hahn | Tue 5–6:30pm | Thu 5–6:30pm | Mon 4–5pm | |
| OSA 4th Select Bush | Mon 5–6:30pm | Wed 5–6:30pm | Mon 4–5pm | |
| OSA 5th Elite Tynon I | Mon 6:30–8pm | Wed 6:30–8pm | Mon 5–6pm | Wed 5–6pm |
| OSA 5th Elite Tynon II | Mon 6:30–8pm | Wed 6:30–8pm | Mon 5–6pm | Wed 5–6pm |
| OSA 5th Select Woods | Tue 6:30–8pm | Thu 6:30–8pm | Mon 4–5pm | |
| OSA 6th Elite Snyder | Mon 6:30–8pm | Wed 6:30–8pm | Mon 5–6pm | Wed 5–6pm |
| OSA 6th Elite Bush | Mon 6:30–8pm | Wed 6:30–8pm | Mon 5–6pm | Wed 5–6pm |
| OSA 6th Elite Anderson | Mon 6:30–8pm | Wed 6:30–8pm | Mon 5–6pm | Wed 5–6pm |
| OSA 6th Select Kadel | Mon 6:30–8pm | Wed 6:30–8pm | Mon 4–5pm | |
| OSA Select 6th King-Carey | Tue 5–6:30pm | Thu 5–6:30pm | Mon 4–5pm | |
| OSA Select 6th Carey | Tue 5–6:30pm | Thu 5–6:30pm | Mon 4–5pm | |
| OSA 7th Elite Pivovar | Tue 6:30–8pm | Thu 6:30–8pm | Mon 7–8pm | Wed 6–7pm |
| OSA 7th Elite Anderson | Tue 6:30–8pm | Thu 6:30–8pm | Mon 7–8pm | Wed 6–7pm |
| OSA 7th Select Bush | Mon 8–9:30pm | Wed 8–9:30pm | Mon 6–7pm | |
| OSA 8th Elite Seig | Tue 8–9:30pm | Thu 8–9:30pm | Mon 7–8pm | Wed 7–8pm |
| OSA 8th Elite Pivovar | Tue 8–9:30pm | Thu 8–9:30pm | Mon 7–8pm | Wed 7–8pm |
| OSA 8th Select Anderson | Mon 8–9:30pm | Wed 8–9:30pm | Mon 6–7pm | |